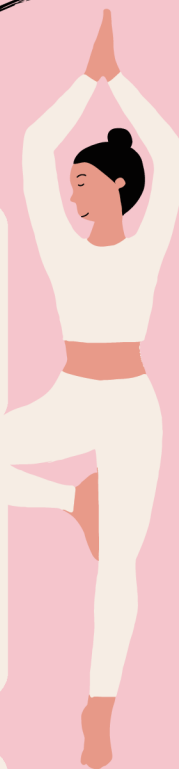
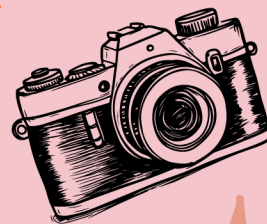
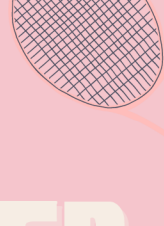


30-DAY SUMMER HOBBY CHALLENGE



DAY 1

Go for a photo walk

DAY 2

Decorate a flower pot and plant something in it

DAY 3

Play tennis or pickleball with a pal

DAY 4

Host a backyard craft night

DAY 5

Visit a botanical garden or park you've never explored

DAY 6

Try yoga or stretching in the sunshine

DAY 7

Collect & press flowers to later frame

DAY 8

Create a summer vision board

DAY 9

Make a playlist for your "main character summer"

DAY 10

Visit a thrift store & pick a hobby-related item

DAY 11

Draw your dream summer outfit

DAY 12

Plan a summer sewing project

DAY 13

Craft an iced latte or herbal mocktail

DAY 14

Try a new fruit or veggie and make something with it

DAY 15

Journal about a hobby you loved as a kid

DAY 16

DIY a summer tote bag

DAY 17

Watch a classic summer movie outdoors

DAY 18

Visit a farmer's market

DAY 19

Sketch your fave fruit

DAY 20

Try a sunrise or sunset run/walk

DAY 21

Do a backyard or balcony photoshoot

DAY 22

Go bird watching at a local park

DAY 23

Build a small bird feeder

DAY 24

Browse a local record store or used book store

DAY 25

Make a recipe from a cookbook you've never made before

DAY 26

Make a simple nature mobile or wind chime

DAY 27

Learn to throw a frisbee or try disc golf

DAY 28

Plan a day trip

DAY 29

Make a no-bake dessert

DAY 30

Do a guided walking meditation